

# What others are saying about RSVP volunteers

BY VIKI BOWMAN  
Davis RSVP

Did you know that Davis County Retired & Senior Volunteer Program, a.k.a. RSVP, has 376 members aged 55+ who contributed more than 41,539 volunteer hours valued at \$978,658.84 last year? They serve in areas addressing hunger, literacy, isolation, neglect, environmental protection, and other critical needs in Davis County.

Davis RSVP asked some of the 29 community partnering agencies where members serve how their volunteers are making a difference. Here are a few of the responses received.

“Volunteers at Antelope Island State Park provide well over 6,000 hours per year of volunteer time,” said Wendy Wilson, Assistant Park Manager. “If we had to hire staff to fulfill these same duties, it would cost us over \$120,000 annually. It is absolutely certain we could not operate to the level we do without volunteers.”

Davis Animal Care & Control Services has benefited from 600+ volunteer hours of care for the approximately, 1,800 dogs passing through the shelter. According to Tracy Roddom, Assistant Director, “The volunteer gives each dog an opportunity to be outside in the play yard or enjoying long walks. Our RSVP member is pretty amazing. His contribution to our shelter is so valuable to us, and he loves these dogs. I wish there were 10 volunteers like him,” he said.

Carolyn Blashek, President of Operation Gratitude telephoned to say, “I just wanted to call and thank you for your volunteers’ continued support of Operation Gratitude. We are astonished at the support received from Davis County.” More than 1,280 deployed military members received appreciation letters, cards, hats, and scarves from RSVP members over the last 12 months, she said.

“I have loved, loved, loved



RSVP VOLUNTEERS JERRI NELSCH, Jean Snow, Christa Simon, Tina Tran, Dorothy Van Dyke, and Thelma Carpenter take a moment to socialize before helping serve lunch at the North Davis Senior Activity Center.

Photo by Viki Bowman, Davis RSVP

having RSVP members helping my students. The students love them,” said Ms. Bounds, second grade teacher at Reading Elementary School. “Thank you RSVP for helping us connect with such wonderful people. If you find others who want to volunteer I could sure use help next school year with 28 second graders!” During the last academic year, results show that 82 percent of the elementary school aged children tutored by RSVP members had improved test scores, she said.

Obviously, people aged 55+ make terrific volunteers performing a variety of helpful services. RSVP members provide senior transportation to medical appointments, deliver Meals on Wheels, and help alleviate social isolation. They serve as advocates for residents of long-term care facilities, help low income families with tax preparation, emergency food, and weekend food packs. Continued learning activities, healthy aging classes, and entertainment are provided at the county’s three senior activity centers by volunteers. And, volunteers provide extra comforts and attention at hospitals. Join this amazing group who are making a difference in the lives of others.

For more information on volunteering in Davis County, call 801-525-5052.

## Caregiver educational classes offered

Davis County Senior Services is offering free classes for individuals who care for family members that are older and/or frail. Classes will be offered at two different locations twice a month throughout 2017. On Tuesdays, classes will be held at Fairfield Village (1201 N. Fairfield Rd., Layton), noon-1 p.m. On Thursdays, classes are

at Golden Years Senior Activity Center (726 S. 100 E., Bountiful), noon-1 p.m. A light lunch will be provided at the classes but attendees must RSVP to Megan Forbush at 801-525-5088 by Monday at noon for that class week. Special thanks to Fairfield Village of Layton and Golden Years Senior Activity Center for host-

ing the classes and South Davis Health and Hospice for presenting. Schedule: • June 13 & 15: Benefits for Veterans – Megan Forbush, Davis County Senior Services • June 27 & 29: Summer-time Safety – Linda Clawson, South Davis Home Health and Hospice

## Free surplus medical supplies available

BY DEBBIE DRAPER  
Davis County Senior Services

Roads to Independence, a local non-profit agency that provides services to people with disabilities, has received hundreds of new donated therapeutic braces and supports. They are offering these items at no cost to those who need them. There are various styles and sizes available for both youth and adults. Items cannot be

sold for profit and interested individuals will be required to fill out a brief intake form. Some items available include: adult disposable briefs, C-PAP machines/supplies, oxygen tubing, crutches, front wheeled walkers, wrist braces, knee and leg braces, wheelchairs, ankle braces/splints, and more. If interested in any of these items, please contact Tracy Socwell at 801-317-2869 or John Hess at 801-317-2865.

## Parkinson’s Disease Health Fair and Mini-Expo scheduled

The Davis County Parkinson’s Support Group announces their Third Annual Parkinson’s Disease Health Fair and Mini-Expo. It’s on Wednesday, June 7, 5:30-7:30 p.m., at the North Davis Senior Activity Center (42 South State Street, Clearfield). The health fair and mini-expo features representatives from a wide range of health care organizations, as well

as free information on quality of life programs that are available for individuals affected by Parkinson’s disease. The public is encouraged to attend. For more information, visit their Facebook page at Parkinson’s Support in Davis County, email [ParkinsonsDavisCo@gmail.com](mailto:ParkinsonsDavisCo@gmail.com), or contact Dale George at 801-451-6238.

## Volunteer Driver Program kick-off event planned

BY ANN WORKMAN  
NDSAC

The Utah Transit Authority (UTA) will introduce the public to the new “Volunteer Driver Program” designed to help eligible seniors get to their medical appointments and, at the same time, give their chosen volunteer drivers a little compensation for their time. There will be guest speakers during this “Lunch & Learn” event representing the many

ways in which this program will benefit the senior community as well as those with disabilities. The event takes place Thursday, June 8, 11:30 a.m.-1:30 p.m., at the North Davis Senior Activity Center (42 South State Street, Clearfield). Lunch will be provided and served by UTA. Please RSVP for lunch to Christy Achziger at 801-237-1921 or [cachziger@rideuta.com](mailto:cachziger@rideuta.com). Broadcasting live during the event will be KSL radio host Amanda Dickson.

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				<b>1</b> AG – Wire Wrapping 8:30 Tap Dancing 1:30 GY – Craft Class 9:30 Luana’s Combo Band 10:30 ND – Movie 12	<b>2</b> AG – Arthritis Exercise 9 Ceramics 12 GY – Sit n fit 8:30 Watercolor 9 ND – Strange Olympics 11:30	<b>3</b>
<b>4</b>	<b>5</b> AG – Crazy Quilters 10 GY – Yoga 10 Arthritis Class 12:30 ND – Costco clean hearing aids 10:30	<b>6</b> AG – Lapidary 8:30 Square Dancing 12:30 GY – Wood-carving 9 ND – China Painting 9	<b>7</b> AG – Overeaters Anonymous 6:30-8 p.m. GY – **Positive Aging 5-7 p.m. ND – Card Making 10:30 Food Bank	<b>8</b> AG – Lunch with Senator Lee’s Staff Q & A 11:30 GY – Dancing Grannies 8:30 Luana’s Combo Band 10:30 ND – Movie 12	<b>9</b> AG – **AARP Smart Driving GY – Line Dancing 9:30 ND – Name that Tune 11:30 Texas Hold ‘em 12	<b>10</b>
<b>11</b>	<b>12</b> AG – Lifetime Fit 9 GY – Pencil Art 9 Bingo 12:30 ND – **Card Making class 10:30	<b>13</b> AG – Art 9 Reiki 10:30 GY – ** Legal Consultation by appt. 10 ND – Blood Pressure Clinic 10:30	<b>14</b> AG – Dancersize (New) 5:15 p.m. GY – Stained Glass 9 Line Dancing 10 ND – Free Will Preparation 10-12	<b>15</b> AG – Memory Magic 11:30 GY – Caregivers Class 12 ND – Card Games 12:30 Knit & Crochet 12:30	<b>16</b> AG – Lapidary 8:30 GY – Stained Glass 9 ND – Father’s Day Celebration 11:30 Bingo 12:30	<b>17</b>
<b>18</b>	<b>19</b> AG – Water Ex 9 Bingo 10:15 GY – Sit n Fit 8:30 ND – Presentation by Chancellor Gardens 11:30	<b>20</b> AG – Art 9 Chair Tai Chi 10:30 GY – Wood Carving 9 Zumba 9:30 ND – USU Food Sense 12:30 Line Dancing 1	<b>21</b> AG – Lunch/ Barrington Place 11:30 GY – Senior Social 11:15 ND – Healthy Brain Seminar 10:30 Food Bank	<b>22</b> AG – Arts & Crafts 9 Food Bank GY – Dancing Grannies 8:30 Craft Class 9:30 ND – Card Games / Knit & Crochet 12:30	<b>23</b> AG – Arthritis Ex 9 Internet 101 9:30 GY – Sit N Fit 8:30 ND – Texas Hold ‘em 12 Bingo 12:30	<b>24</b>
<b>25</b>	<b>26</b> AG – Lifetime Fit 9 Oil Painting 9 GY – Dancing Grannies 8:30 Oil Painting 1 ND – Health Tips w/ Gina 11:30	<b>27</b> AG – Lapidary 8:30 Lifetime Fit 9 GY – Jewelry Making class 12:30 ND – Blood Pressure Clinic 10:30	<b>28</b> AG – Watercolor 9:30 Bingo 10:15 Ceramics 12 GY – Ceramics 9 Bingo 12:30 ND – Tech Lab 10	<b>29</b> AG – Water Ex 9 Lifetime Fit 9 GY – Caregivers Class 12 Arthritis Class 12:30 ND – Card Games / Knit & Crochet 12:30	<b>30</b> **AG, GY & ND June Birthday Party AG – Internet 101 9:30 GY – Tai Chi 9:30 ND – Bingo 12:30	<b>1</b>

\*\* Call Senior Activity Center to Make Reservation  
(Note: Not all activities are listed on this consolidated calendar, activities are subject to change)

AG ~ Autumn Glow  
(801) 444-2290  
81 East Center Street  
Kaysville, UT 84037

GY ~ Golden Years  
(801) 451-3660  
726 South 100 East  
Bountiful, UT 84010

ND ~ North Davis  
(801) 525-5080  
42 South State Street  
Clearfield, UT 84015

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